

*Villa Maria del Mar  
Santa Cruz, California*

*Villa Holy Names  
& Convent of the Holy Names,  
Los Gatos, California*

*Guide to Retreats 2010*

# SNJM Retreat offerings 2010

*Santa Cruz and Los Gatos, California*

**Dear Friends,**

With the blessings for a NEW YEAR filled with God's goodness, come the retreat offerings for the 2010 Retreat Program at Villa Maria del Mar in Santa Cruz and at Villa Holy Names in Los Gatos. This year as always, our retreat centers will provide you with beautiful surroundings and genuine hospitality for your time of spiritual renewal. A retreat planning committee is working to seek other retreat offerings and sites in the not too distant future.

We are deeply grateful to the generous women and men who have agreed to serve as presenters and directors, as well as coordinators for our retreats. Please consult our brochure where you will find an interesting list of options from which to choose. Each year we make good use of your feedback in seeking presenters who will meet your needs. We trust that this year is no different. Thank you for your helpful suggestions.

We pray with you as you prepare to make space in your lives for retreat. We trust that you will be led by God's Spirit. We know that our retreat houses will support your decision with the loving service and beautiful gifts that the personnel, along with Mother Nature, will provide.

We look forward to your time with us, assured that we too are touched by God's love in the persons of our retreatants.

Blessings of peace to each and all,

Retreat Committee, U.S.-Ontario Province

*Bernice Gignac, SNJM*

*Carol Higgins, SNJM*

*Crystal Clark, SNJM*

*Pat Boroughs, SNJM(A)*



Sponsored by the  
*Sisters of the Holy Names of Jesus and Mary*  
U.S.-Ontario Province



# *Villa Maria del Mar ... Gift of the sea*

## *Santa Cruz, California*

**June 8-15, Villa Maria del Mar**

***God's Nudgings: The Beatitudes and Creative Eldering***

**Presenters: Roberta Lamanna, SNJM and Rosemary Thielman, SNJM  
Wisdomworks co-founders and co-directors**

**T**hrough story, prayer, symbol and reflection on God's presence and God's nudgings, particularly through the Beatitudes, and also including our *No Life Is Ordinary* DVD produced by Wisdomworks, participants deepen their relationship with God at this unique time of life. Optional guided activities follow each reflection/presentation.

Elements include reflection pages for each presentation, two daily presentations, optional small-group sharing, guided prayer opportunities, reconciliation service, and symbols for the daily theme.

In a previous retreat's evaluation, one 90-year-old Sister said, "I've waited 70 years for this retreat." Another described it as "the best retreat of my life."

***The presenters: Roberta Lamanna, SNJM***, earned a Masters Degree in Religious Studies and has 45+ years of pastoral service, as an educator, program director, trainer, and consultant, nationally and internationally.

***Rosemary Thielman, SNJM***, earned a Masters Degree in Educational Administration and has 45+ years of educational and pastoral service as an educator, administrator, trainer, and consultant, regionally and nationally.

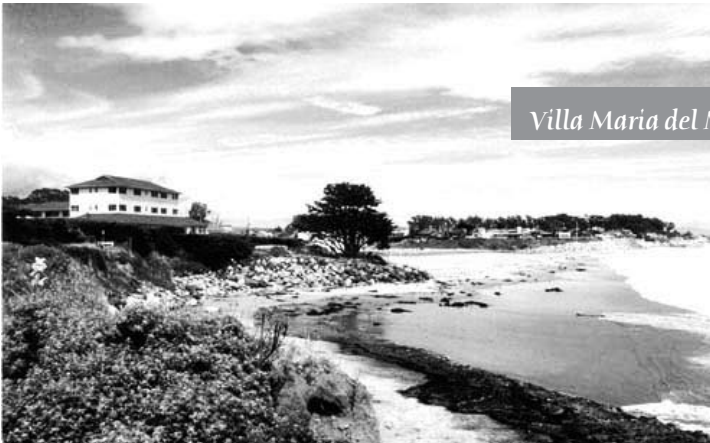
As co-founders and co-directors of Wisdomworks, a partner in mission with the SNJM Sisters, we facilitate opportunities for spiritual growth, including retreats in Oregon, Washington, Idaho, and California, to people at all stages of life, with a special focus on "seasoned adults," women, businesses, and intergenerational groups.

**June 18-25, Villa Maria del Mar**  
***The Benediction of God's Promises***  
**Presenter: Bishop Sylvester Ryan**

“**T**hat Christ may dwell in your hearts through faith, that you, rooted and grounded in love...may come to know the love of Christ that surpasses all knowledge, so that you may be filled with all the fullness of God.” ( Eph.3: 17-19)

Our hope for this retreat is that we may renew for ourselves the realization of this Pauline benediction of God's promises through reflection, sharing, contemplative prayer, and meaningful liturgies in the midst of the beauty and awe of the retreat center at Villa Maria del Mar.

A beloved retreat director, **Bishop Sylvester Ryan** returns to the Villa by special request. He has served as parish priest pastor, high school educator and principal, seminary chaplain and rector, and as member and chair of several committees for the USCCB. He retired in January 2007 after serving 16½ years as Bishop of the Diocese of Monterey and continues serving in pastoral ministry, retreats, workshops, formation of Deacon candidates, and assisting in local parishes when needed.



*Villa Maria del Mar*

**July 6-13, Villa Maria del Mar**

***Lectio Divina: Contemplative Awakening and Awareness***

**Director: Lucy Wynkoop, OSB**

The retreat will offer you a way of understanding and practicing Lectio Divina that will deepen your prayer practice of lectio and open you to integrate lectio into your daily living. If you are already using Lectio Divina, you will be enriched with greater appreciation of it and the communal insights of what others share. Contemporary expressions of Lectio Divina with images, icons, film, music, dreams, nature, poetry and life, along with journaling, will transform you toward a more contemplative stance of living.

**Lucy Wynkoop, OSB**, is co-author of *Lectio Divina: Contemplative Awakening and Awareness*. She is a program, spiritual and retreat director at The Priory Spirituality Center in Lacey, Washington.

**July 15-22, Villa Maria del Mar**

***Honoring the Body***

**Presenters: Dorothy Bass with Trish Scalese**

How can our faith guide us into a way of life marked by deep care and respect for both the sacredness and the vulnerability of our physical selves? We shall explore this question by considering and embracing practices that provide shared patterns that can become the warp and woof of a life-giving way of life, including sabbath-keeping, breaking bread, and singing our lives to God.

**Dorothy Bass** is the author of *Receiving the Day: Christian Practices for Opening the Gift of Time* and the editor of *Practicing our Faith* and several other books. She directs a project on education and formation in faith based at Valparaiso University in Indiana.

**Trish Scalese** has been involved in music ministry for parishes, schools, and retreats for over 25 years. She is a music/theology teacher, singer, pianist, and composer. She has sung/composed music on four CD recordings. Her passion is integrating music with our yearning for the Divine.



# 2010 Retreats in Los Gatos, California

**April 17-23, 2010 Retreat for Senior Sisters:**

***Praying and Living with the Real Jesus, Convent of the Holy Names***

**Director:** Basilian Father Jim Carruthers, Windsor, Ontario

The retreat will touch on Jesus' life — geography, family, political and social issues of his day, the prayer of the Just Jew, and the challenges of his mission; the ramifications for religious — i.e. commitment, community and communion — and taking a look at the vows in the 21st century.

**Father Jim Carruthers**, born and raised in Windsor, Ontario, was educated by the Basilians. Professed for 56 years and ordained for 46 years, he has retired from full-time teaching of theology at Assumption University and now preaches retreats and parish missions.

**July 26-August 2, 2010, Sacred Space Retreat at Villa Holy Names**

**Directors:** Therese Fenzl, SNJM(A) and Rev. Arthur Poulin

Sacred Space is *kairos* time to re-discover a balance in our lives between prayer, work, relationships, leisure, community, solitude and all of the other dimensions of our very active lives. Though Sacred Space is not a directed retreat, Arthur and Therese are available as directors for those who wish. ***On your registration, please indicate your choice to have a director.***

**Arthur Poulin** is a Camaldolese monk and artist residing at Incarnation Monastery in Berkeley. He enjoys journeying with others engaged in a search for contemplative life and prayer.

**Therese Fenzl** is an Associate of the Sisters of the Holy Names of the U.S.-Ontario Province who has been involved in retreat ministry for many years. As spiritual director and team leader Therese again brings her experience and love of contemplation to those who seek God in this Sacred Space.

## Reservations: Retreats, Villa Maria del Mar

At Villa Maria del Mar, the fee for each retreat is \$600. Please register either by e-mail, phone, or U.S. mail. In order to reserve your place, you must send your \$50 non-refundable deposit, within two weeks of notification. Confirmation will be sent to you upon receipt of your deposit.

Note: SNJMs do not need to send a deposit. The Province covers retreat expenses, excluding travel.

Contact: villamariadelmar@earthlink.net (831) 475-1236

Mail to: Sisters of the Holy Names

c/o Reservations Coordinator

21918 East Cliff Drive, Santa Cruz, CA 95062

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

*Please indicate if you are willing to volunteer:*

Musician/Instrument \_\_\_\_\_ Cantor \_\_\_\_\_

Art/Environment \_\_\_\_\_ Other \_\_\_\_\_

*Please indicate your 1st and 2nd choices for retreat:*

\_\_\_ June 8-15: *God's Nudgings: The Beatitudes and Creative Eldering*  
Rosemary Thielman, SNJM, and Roberta Lamanna, SNJM

\_\_\_ June 18-25: *The Benediction of God's Promises.*

Bishop Sylvester Ryan

\_\_\_ July 6-13: *Lectio Divina: Contemplative Awakening and Awareness.*  
Lucy Wynkoop, OSB

\_\_\_ July 15-22: *Honoring the Body.*

Dorothy Bass with Trish Scalese

# Reservations: 2010 Retreats in Los Gatos

The cost for the retreat for Senior Sisters is \$500, and the fee for the Sacred Space Retreat is \$600, including spiritual direction. Please register either by e-mail, phone, or U.S. mail. In order to reserve your place, you must send your \$50 non-refundable deposit within two weeks of notification. Confirmation will be sent to you upon receipt of your deposit. Note: SNJMs do not need to send a deposit. The Province covers retreat expenses, excluding travel.

Limited spaces for those who cannot climb stairs.

Please check here  if you need ground-floor accommodations.

Contact: sallygunnsnjm@yahoo.com (408) 354-1730

Mail to: Sisters of the Holy Names  
c/o Sally Gunn, SNJM  
P.O. Box 1906, Los Gatos, CA 95031

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail \_\_\_\_\_

*Please indicate if you are willing to volunteer:*

Musician/Instrument \_\_\_\_\_ Cantor \_\_\_\_\_  
Art/Environment \_\_\_\_\_ Other \_\_\_\_\_

*Please indicate your 1st and 2nd choices for retreat:*

April 17-23 "Spring Retreat for Senior Sisters" with  
Fr. Jim Carruthers

July 26-August 2 "Sacred Space Retreat"

I want a retreat director for the "Sacred Space Retreat"  
(Fee is \$600 with spiritual direction)

*My preferred director (check one):*

Rev. Arthur Poulin

Therese Fenzl, SNJM Associate