

# Villa Maria del Mar Retreat Center



## ART OF JOURNALING: DISCOVERING GOD IN THE WRITTEN WORD

October 30<sup>th</sup>, 2019

Wednesday 9:30am — 3:00pm

Cost: \$50.00 includes lunch



*Come and rest awhile  
in the scenic beauty of  
Villa Maria del Mar!*

The art of journaling can be useful in exploring the mystery of one's life. This retreat invites us to rest in God's Presence, take a long, loving look at our life and faith journey, explore probing questions and discover how art can uncover new depths within. Included: prayer, presentations, freewriting, artwork, quiet and time to share with others.

*Bring a journal, pen and art materials if you wish.*

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### **Presenters**

#### **Sr. Molly Neville, SNJM**

Recognized leader in adult faith formation, retreat ministry and prayer development who values the art of journaling in her own spiritual development.

#### **Susan Cafarelli Burke**

Seeker, artist, teacher of world religions, author of *The Cross*; Ignite your Divine Feminine Inter-cultural Christian Awareness.

**Contact us today for your reservation!**

**Villa Maria del Mar 831-475-1236    [villamaria@snjmuson.org](mailto:villamaria@snjmuson.org)**